



FUTURES RECOVERY HEALTHCARE IS PROUD TO ANNOUNCE THE OPENING OF ORENDA

Futures Recovery Healthcare is a system of care designed to approach the complicated disease of addiction and co-occurring mental health disorders as complex chronic medical conditions. Our mission is rooted in helping individuals and families establish a foothold in recovery and a plan to sustain lasting health and well-being.

The emotions, behaviors, and resources that often accompany power, success, and societal status can create an environment ripe for substance use disorder. Futures has identified the need to extend its specialty programming and address the unique challenges to recovery for this select community of individuals and families.

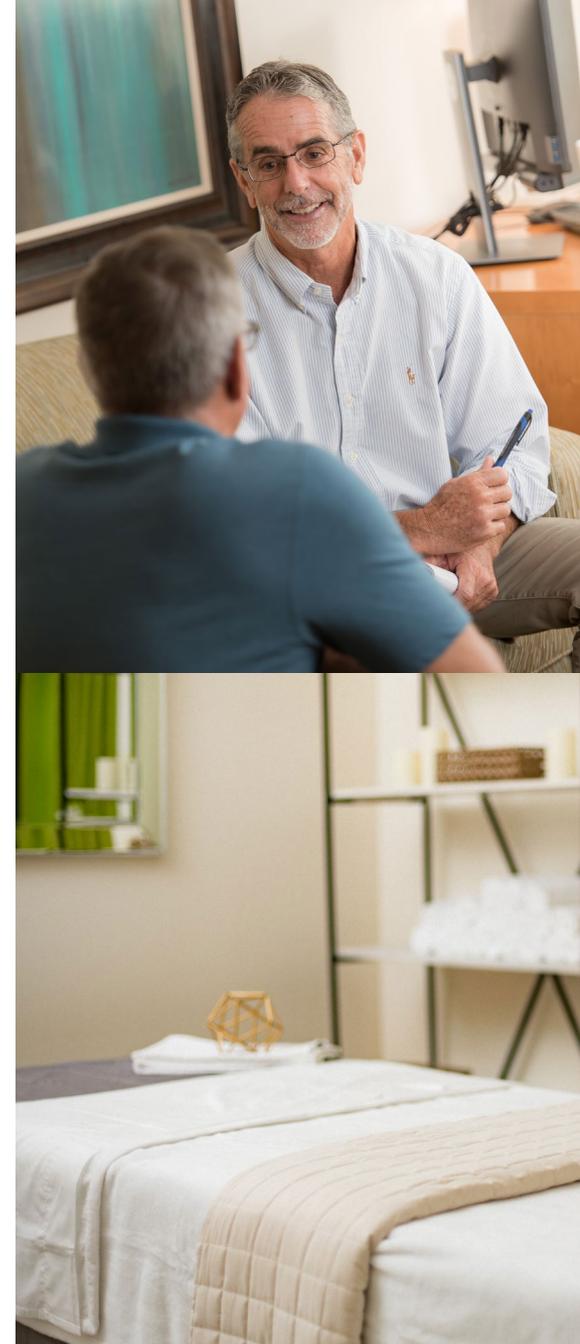
ORENDA PRINCIPLES:

*The Orenda team will research and leverage the most recently available techniques that have positive indicators and integrate them appropriately to cases where the team believes the impact will be lasting. In practice, there will be a push to achieve equilibrium between **innovation and efficacy**.*

An atmosphere of **connected trust** is promoted by the intimate size of the program and reinforced by the discretion, training and experience of the Orenda team. The purpose is to establish private connections through every word and interaction with clients and their families.

This rapport is vital to navigating clinical barriers and ensuring the Orenda program remains **adaptive to the demands** of the individual's professional and personal life. More simply stated, the program allows for structural freedom without jeopardizing the required self-investment in the process.

Orenda presents the unique opportunity to simulate, then immerse, clients in **high-trigger environments** with clinical guidance. These clinical exercises and processing sessions will develop and reinforce tangible skills to navigate those circumstances proficiently.





THE FOCUS AREAS OF ORENDA

To specifically address the needs of Orenda's target audience, we've developed an approach that rests upon the expertise of individuals in the clinical, medical, neurorestorative, and wellness fields. Within each discipline, the Orenda team has focused on the following programming separators:

FOCUS AREA 1: IMMERSIVE CLINICAL PROGRAMMING

Traditional residential programs typically do not allow for simulation and immersion in high-trigger environments. Orenda provides for this unique, clinically guided opportunity and for addressing themes that are relevant to this population, such as:

- Driven to succeed - where does the motivation emanate from
- High intelligence and unlearning the behaviors of an addiction
- Understanding the brain's pursuit of pleasure
- Self-medicating stress and underperformance

FOCUS AREA 2: ADVANCED NEURORESTORATIVE TECHNIQUES

Orenda includes on-site medically administered detoxification, stabilization, and physical assessment protocols. Beyond these vital steps, the medical team remains heavily integrated in client care, utilizing neurorestorative techniques to assess and improve cognitive functioning. These techniques can result in more informed treatment plans and optimized outcomes. Examples include:

- Transcranial Magnetic Stimulation Therapy (TMS)
- Neurofeedback Training
- Light/Sound Sessions
- Brain Mapping
- Cognitive Rehab Lab

FOCUS AREA 3: ENHANCED WELLNESS SERVICES INTEGRATION

Wellness therapies are widely recognized as important aspects in early recovery because of their ability to improve mindfulness and empower balanced health. Orenda's extensive menu of holistic services allows for exploration and refinement as the individual gravitates to offerings that support and reinforce the mindset transitioning to recovery. Available services include:

- Eastern Medicine Practices
- Hypnotherapy
- Spirituality
- Physical Therapy

THE INSPIRATION

The poem to the right inspired the 16 foot bronze statue that graces the grand foyer. The artist, Gary Lee Price, several years prior to creating this piece, went through a series of personal crises.

“While creating this sculpture, I reached within. I relied on my own experiences, ones that showed me that people really do care and that our true friends are those who do not judge or shun, but rather reach out and bring us in. These are the individuals with complete grace, absolute strength, and true beauty.”

Orenda is a natural extension of the committed, concerted mission of Futures and ties beautifully to the Native American lineage of Gary Lee Price’s work and the poet, Howard Rainer. Orenda’s meaning references “the collective power of nature’s energies believed to be present in all objects or persons, and to be the force by which human potential is attained”. Our interpretation of Orenda serves to harness those energies and unlock the potential within to better one’s life and environment.



*Grab hold,
And take this hand that
Reaches out to you.
Look up
Into my eyes;
My spirit
Cries out to you:
Friendship is my thought.
Let us climb
The jagged cliffs of life
And fight the ascent of
Opposition together.
If I can lift you today,
You will look back
And grab the hands of a thousand more.
That is the way
The Great Spirit would have it!*

-Howard Rainer

Please contact an Orenda Admissions Advisor at **561.257.5880**. You will be speaking with an experienced professional who understands the disease of addiction and will explain every aspect of our unique program.

Learn more about Orenda at: FUTURESRECOVERYHEALTHCARE.COM/ORENDA

