



Futures Recovery Healthcare recognizes the significant complexity of substance use, co-occurring and mental health conditions and the importance of helping patients establish long-term approaches to maintain health and support recovery. Futures Recovery Healthcare is accredited by The Joint Commission and the Agency for Health Care Administration. Clients will receive family services, full discharge planning to ensure continuum of care, and communication with Alumni services post discharge. Futures offers full continuum of care, from medical detox, residential care, and partial hospitalization program.

Core: Core at Futures Recovery Healthcare is a dual-diagnosis treatment program helping patients with substance use and co-occurring mental health conditions. Core offers a full medical detox, residential and partial hospitalization program to address primary substance use disorder and dual diagnosis. The Futures' team collaboratively develops a personalized care plan, assigns a case manager, and schedules appropriate therapies and services. **Patients receive integrated medical care, medication management, individual and group therapy sessions, physical therapy, and fitness programming.**

Mental Health Program: Futures' Mental Health Program helps patients learn to navigate life's everyday challenges, including work stress, parental and family relationships, financial pressures, and other issues that trigger and exacerbate the symptoms of mental health conditions. Futures' Mental Health Program offers full residential care and a partial hospitalization program. **Patients receive integrated psychiatry, medication management, individual and group psychotherapy sessions, recreational therapy, and family therapy. Clients may also take part in holistic health activities, including yoga, mindfulness, and meditation.**

Rise at Futures: The Rise Program is a residential substance use disorder and dual diagnosis program that utilizes both adventure-based and experiential therapies. Additionally, other clinical modalities safely push clients past their comfort zone and support the exploration of underlying issues in a therapeutic environment. **The Rise Program is geared to both men and women who have been unsuccessful in traditional treatments or who seek a different path to recovery. Clients become more aware of how they handle stressful situations and respond to interpersonal relationships.**

Orenda: The Orenda Program is designed for those with an inexhaustible drive to perform, the need to stay focused on high-demand career goals and expectations, and those less able to escape the pressures of an exceptionally complex life. Orenda offers a full medical detox, residential, and intensive outpatient treatment. Using its Four Pillars of Integrated Care, Orenda delivers a diverse range of medical, clinical, neurorestorative, and wellness therapies at a detox and residential level of care. **A wide-range of world-class therapies are utilized to ensure that no barriers stand between Orenda clients and clinically recommended care. Orenda's specialized concierge assists clients in getting the most from their treatment experience by meeting individual needs and proactively managing personal care services, activities, private transportation, and other requests.**