

BREAKFAST

LIGHT

Assorted Cereals / Oatmeal
choose from a variety of options

Mixed Fresh Berry Bowl
yogurt parfait, granola, fresh berries

GRIDDLE

Cinnamon Swirl French Toast
apple wood bacon, powdered sugar

Pancake Stack
roasted pecans, sliced banana, & whipped butter

Belgian Style Waffles
fresh strawberries & chantilly cream

EGGS

Choice of: whole eggs or egg whites

Simply Fluffed Scrambled Eggs
sliced heirloom tomato

Orenda Omelette
Choice of: whole eggs, egg whites, 1/2 whole & whites
Cheese: goat cheese, cheddar, Swiss

Veggies: spinach, asparagus, peppers & onions, zucchini, yellow squash, smashed avocado

EARLY MORNING EGGS

Sunny Side, Fried or Over Easy
Meat: chicken apple sausage, turkey sausage, pork sausage, apple wood bacon, grilled ham

Breads: whole grain, bagel, bialy, avocado toast, rye

LUNCH

LIGHT

Wrap it Up
Choice of: grilled chicken or shrimp, vegetable medley stir fry, tuna, sliced turkey, ham, roast beef

Mixed Greens
microgreens, field mix lettuce, grape tomatoes, broccoli slaw, cucumber

Caesar Salad
romaine hearts, croutons, lightly dressed

Heirloom Tomato and Mozzarella Salad
grilled mahi, filet mignon (rare, medium rare, medium, or well), chicken, shrimp, or tuna fish

FROM THE KETTLE

Soup of the day

BETWEEN THE BREADS

Cheddar Turkey Burger
on whole grain yogurt brioche

Philly Cheese Steak
onion and pepper medley on demi loaf

Orenda Whole Grain Turkey Club
sliced turkey, applewood bacon, lettuce, tomato, avocado aioli

BBQ Roast Pork
on grilled Hawaiian roll

Blackened Chicken Breast
lettuce & tomato on whole grain brioche

Grass-Fed Burger (Rare, Medium Rare, Medium, or Well)
cheddar, Swiss, American, sliced avocado heirloom tomato, mixed greens

Grilled Ham & Swiss Croissant
dijon honey mustard

TASTE OF ITALY

Grilled Pizza
crushed tomatoes, fresh mozzarella & basil

Heirloom Tomato & Fresh Burrata Mozzarella Sandwich
EVOO drizzle, balsamic glaze

DINNER

FIELD DINNER SALADS

California Salad
mixed greens, candied pecan, bleu crumbled, chopped tomato, red onion

Caesar Salad
chopped romaine, house caesar dressing, shaved parmesan, croutons

Greek Salad
mixed greens, chopped tomato, feta, kalamata olives, cucumber, greek dressing

Protein Addition:
chicken, shrimp, red snapper, mahi, filet (rare, med rare, med, med well, well)

HERBIVORES

Power Bowl
roasted vegetables, hard boiled egg, cilantro lime rice, lemon tahini dressing

Grilled Portabella
marinated portabellas with roasted red peppers, fresh mozzarella, basil, balsamic

LAND / AIR

Teriyaki BBQ Sesame Half Roasted Chicken
served with rice and chef vegetable

Grilled Veal Chop
roasted mushroom demi, chef potato (rare, med rare, med, med well, well)

Center Cut Filet
chef vegetable, chef potato (rare, med rare, med, med well, well)

Grilled Veal Chop
EVOO drizzle, balsamic glaze

SEA

Steamed Lobster Tail
roasted asparagus, chef potato

Sea Scallops
scampi sauce, mixed vegetable, pasta

Lemon Salmon
capers, shallots, rice, chef vegetable

Orzo Risotto
shrimp with peas and bacon

Additions:

Side House Salad

Side Caesar Salad