

CARE DESIGNED FOR CAREGIVERS

Working on the front lines of healthcare is profoundly rewarding but exceptionally demanding. Long hours, remaining objective through countless traumas, and helping patients and families in their most fragile moments take a significant toll. Beyond pandemics, healthcare workers face increasing rates of medication-resistant infections, sepsis-related deaths, and opioid-overdose emergencies. Traditional struggles such as equitable pay, high student loan debt, and growing insurance premiums add to the stress.

Given their constant exposure to trauma, it's no surprise that over 20% of nurses and 10% of doctors have diagnosable substance use disorders — among the highest rates of any profession. Barriers like mandatory reporting requirements, risk of license suspension, and reputational harm often prevent healthcare professionals from seeking help. Paradoxically, they are more likely than the general public to know that treatment works and that they have rights and protections for seeking care safely.

The Hero's Ascent program by Futures Recovery Healthcare is designed specifically for veterans, first responders, and healthcare professionals. It focuses on underlying trauma, chronic pain, addiction, and other common issues, offering a comprehensive approach that includes medical treatment, psychiatry, psychotherapy, physical therapy, and wellness services. Family programming is integral, ensuring loved ones are supported in the recovery process.

Located on a private, tranquil, nine-acre gated campus in Tequesta, Florida, Hero's Ascent provides a discreet and comfortable environment for healing. Patients receive privacy, individualized care, and amenities that make them feel at home. Futures Recovery Healthcare, accredited by The Joint Commission, employs experienced, licensed professionals who use evidence-based therapies to provide high-quality holistic treatment.

THE FUTURES RECOVERY HEALTHCARE HERO'S ASCENT PROGRAM OFFERS A SAFE AND COMFORTABLE ENVIRONMENT, PRIVACY, AND COMPREHENSIVE PROGRAMMING TO HELP HEALTHCARE PROFESSIONALS ESTABLISH A FOUNDATION IN RECOVERY AND RESTORE THEIR PERSONAL AND PROFESSIONAL TRAJECTORY.



COMPREHENSIVE CARE

- Inpatient Detoxification & Residential Treatment
- Intensive Outpatient Program
- Psychiatric Services
- Trauma and Chronic Pain Treatment
- Group Therapy
- Physical Therapy
- Wellness Services
- Sleep Assistance Program
- Informed Medication Management
- Comprehensive Continuing Care Planning
- Intensive Case Management
- Luxury Amenities
- Private Bedroom & Private Bath
- All Services Provided in One Spacious, Nine-acre, Gated Facility

