



Futures Recovery Healthcare recognizes the significant complexity of substance use, co-occurring and mental health conditions and the importance of helping patients establish long-term approaches to maintain health and support recovery. Futures Recovery Healthcare is accredited by The Joint Commission and the Agency for Health Care Administration. Clients will receive family services, full discharge planning to ensure continuum of care, and communication with Alumni services post discharge. Futures offers full continuum of care, from medical detox, residential care, and partial hospitalization program.

Core: Core at Futures Recovery Healthcare is a dual-diagnosis treatment program helping patients with substance use and co-occurring mental health conditions. Core offers a full medical detox, residential and partial hospitalization program to address primary substance use disorder and dual diagnosis. The Futures' team collaboratively develops a personalized care plan, assigns a case manager, and schedules appropriate therapies and services. **Patients receive integrated medical care, medication management, individual and group therapy sessions, physical therapy, and fitness programming.**

RESET: Discover the RESET Mental Health Program at Futures Recovery Healthcare, crafted to enhance mental health and overall wellness. This program offers an advanced, integrated approach for addressing mental, emotional, mood, and thought disorders. Focused on Rehabilitation, Education, Support, Empowerment, and Transformation, RESET combines evidence-based therapies with proven intervention techniques to effectively manage a range of conditions. **Patients receive integrated psychiatry, medication management, individual and group psychotherapy sessions, recreational therapy, and family therapy. Clients may also take part in holistic health activities, including yoga, mindfulness, and meditation.**

Hero's Ascent Program: The Futures Recovery Healthcare Hero's Ascent Program offers first responders and military personnel safe, relevant, and effective treatment in a comfortable and discreet setting. With help from an advisory board of veteran first responders and military personnel, Hero's Ascent features a dedicated clinical team that will provide an in-depth care plan and address current psychosocial stressors with the help of EMDR, hypnotherapy, and biofeedback. **Hero's Ascent offers full continuum of care, medical detox, residential treatment, and partial hospitalization program. A dedicated case management team will manage work-related issues and facilitate paperwork and communication with employers, insurers, and other agencies to help clients focus on treatment and help coordinate an appropriate continuing care plan.**

Orenda: The Orenda Program is designed for those with an inexhaustible drive to perform, the need to stay focused on high-demand career goals and expectations, and those less able to escape the pressures of an exceptionally complex life. Orenda offers a full medical detox, residential, and intensive outpatient treatment. Using its Four Pillars of Integrated Care, Orenda delivers a diverse range of medical, clinical, neurorestorative, and wellness therapies at a detox and residential level of care. **A wide-range of world-class therapies are utilized to ensure that no barriers stand between Orenda clients and clinically recommended care. Orenda's specialized concierge assists clients in getting the most from their treatment experience by meeting individual needs and proactively managing personal care services, activities, private transportation, and other requests.**

MetaVida: MetaVida is an innovative mental health program at Futures Recovery Healthcare, integrating neuroscience, psychiatry, psychotherapy, and holistic wellness to support individuals who have not achieved optimal results with traditional treatment alone. Designed to complement any Futures program, MetaVida delivers advanced, evidence-based care in a calm, private setting on the Futures campus, supported by a collaborative medical and clinical team before, during, and after each session. **Patients receive access to Transcranial Magnetic Stimulation (TMS), Ketamine Therapy with structured clinical support, brain health assessments and cognitive training, and wellness-based modalities including sound bath therapy, IV wellness infusions, personal training, massage therapy, and acupuncture.**